

Hawaii Update 2020:

***Our Voices, Our Vehicle; Making Our
Voices Heard for Ourselves & Our Patients***

March 13-15, 2020

Hilton Waikiki Beach Hotel, Honolulu, Hawaii



Aloha Reception

Friday, March 13, 5:15pm – 7:15pm

Location: Altitude @ 37

Join us for fellowship and networking over cocktails
and pupus... Enjoy the evening with friends

Mahalo to this evening's sponsor:



WESTPAC
WEALTH PARTNERS
PROTECT • INVEST • ACHIEVE

CONTINUING MEDICAL EDUCATION

This activity has been submitted for up to 17.25 credits by the American Academy of Family Physicians.

Registrants should claim only those hours of credit actually spent in the educational activity. Certification of attendance will be distributed in exchange for completed evaluations.

*Complimentary WiFi

Hilton Waikiki Conference

Go to “I have a Promotional Code”

Enter: 3CTR2020



Aloha and welcome to **Hawaii Update 2020: “Our Voices, Our Vehicle: Making Our Voices Heard for Ourselves & Our Patients.”** The planning committee has once again worked hard to put together a wonderful conference for you which covers a wide range of topics that we think will provide informative and practical information that you can take back with you to your practices.

Our presentations this year will focus on the many ways that Family Physicians advocate for our patients and our community. We have a variety of excellent presenters including Lieutenant Governor Dr. Josh Green talking about his experience and health advocacy in Samoa and Dr. John Cullen presenting on advancing health equity. Other topics will include pediatric obesity, chronic opioid use, and the very current COVID-19 among many more!

We also would like to honor those providers among us that have tirelessly advocated for our patients, our community and our profession. Please visit the stories placed around the room to learn more about these outstanding people. We will also have an opportunity for you to submit stories for yourself or others about your/their exceptional advocacy experiences at one of our tables.

We are once again having the Hawaii Academy of Family Physicians Foundation **Silent Auction** as part of this conference on Saturday morning. Please stop by and place a bid on some items to benefit the programs supported by the Foundation such as medical student and resident research awards, Family Medicine Interest Group activities, student travel to the National AAFP Resident and Medical Student Conference in Kansas City, Tar Wars, and other worthy projects.

We are fortunate to have a number of generous **exhibitors** that have joined us this year, please take some time to visit the booths in the exhibition area and thank them for their support. If you complete our exhibitor stamp card, you will have a chance to win a \$50 Amazon Card.

In our continued efforts to be “green” this year, we will not be printing out handouts for most of the sessions. Instead, we will be posting all presentations on our HAFP google drive account. You will be invited to the folder with the email that you registered for the conference with. If you have a google drive account associated with a different email, please provide this to the staff at the registration table.

We hope to see you at the **Welcome Reception** at 5:15 p.m. on Friday, March 13th and also at the **Annual Meeting luncheon** on Saturday, March 14th. These will be great opportunities for you to relax and network with your colleagues.

Mahalo for joining us at Hawaii Update 2020...enjoy the conference!

2020 Conference Committee

Keola Adams, Gershon Bergeisen, Damon Lee, Traci Masaki-Tesoro,
Jill Omori, Teresa Schiff and Nash Witten



PLENARY SPEAKERS

Lieutenant Governor Josh Green, MD



Josh Green is a local doctor, husband, and father of two who has spent his life caring for Hawaii families.

After receiving his medical degree from Penn State College of Medicine and completing his Family Medicine residency training at Shadyside Hospital, Dr. Green joined the National Health Corps and started his life's work as a family physician and ER doctor in rural hospitals and clinics on the Big Island of Hawaii.

Dr. Green served in the Hawaii State House of Representatives from 2004 to 2008 and in the Hawaii State Senate from 2008 to 2018, where he chaired the Health Committee and Human Services Committee. He has been serving as Hawaii's 14th Lieutenant Governor since 2018.

In 2009, Dr. Green was named the Hawaii Medical Association's "Hawaii Physician of the Year". The hopes, challenges, and values of the families he cares for inspire him to do more to make life better for the people of Hawaii and he is honored to serve as their Lieutenant Governor.

John Cullen, MD, FAAFP



John Cullen MD, FAAFP the Chairman of the Board of the American Academy of Family Physicians practices full scope family medicine in Valdez, Alaska. As the co-business owner of a four-physician private clinic he has shaped the success story for a healthy small-town practice in a rural setting since 1994.

A graduate of University of Arizona School of Medicine, he moved to Valdez, Alaska immediately after family medicine residency in Modesto, California. His family was drawn to the quality of life in Alaska and it proved to be an exciting place to practice medicine and raise his daughter and two sons. Serving as chief of staff for over twenty years at the City run hospital which later became Providence Valdez Medical Center, he oversaw the expansion of the Hospital and financial success in clinic and hospital. In addition, he has served as the EMS director in Valdez for 25 years during his career in Valdez.

His passion for skiing and wilderness safety landed him positions as physician for the World Extreme Skiing Championships and the King of the Hill Snowboarding championships in Valdez, Alaska where he was responsible for setting up emergency services on the side of a mountain. A tireless promoter of safety, he was responsible for requiring helmets and other safety equipment to be utilized during competition, resulting in widespread media coverage and increased use.

Alaska Academy activities include terms as Chapter President, and nineteen years as COG delegate or alternate. He has seen changes in practice styles, management styles, and governance in the AAFP. Honors include Alaskan Family Physician of the Year in 2008, runner up for the National AAFP Physician of the Year, and 2011 American Red Cross Hero for rescuing a mother and baby in an icy river car crash.

Experience serving on the National Advisory Committee on Rural Health and Human Services for HRSA where he toured the country, evaluating critical access hospitals and rural health systems, as well as serving on the Alaska State Medical Board allowed him to help shape health care policy as the ACA was developed.

John Cullen is as comfortable working to deliver babies in his small frontier town as he is delivering his vision of health care policy on Capitol Hill. He enjoys speaking and advocating for patients on the national stage almost as much as he enjoys his adventurous life with his wife Michelle Cullen over the past 30 years.

EXHIBITORS

**American Board of Family Medicine
American Lung Association
Be the Match Hawaii
Executive Office on Aging
Hale Hauoli Hawaii
Hawaii Keiki Healthy & Ready to Learn
Hawaii Permanente Medical Group
Hawaii Senior Medical Group
Hawaii State Rural Health
Humana
MIEC
Pacific Basin Telehealth Resource Center
Pacific Permanente Group
Relay Hawaii
Shriners
Sleep Center Hawaii
The Care Giver Foundation
United Health Insurance
United States Army Medicine Civilian Corps
University Health Partners
Waianae Coast Comprehensive Center
Your New Lease on Life**

Mahalo for your Continuous Support!

Remember to get your exhibitor stamp card filled
to qualify for a \$50 Amazon Card!

2020 HAFP 17th Annual Silent Auction

Saturday, March 14, 2020 **8:30am – 2:30pm

The HAFP Foundation was established to provide support for educational, research, and community outreach programs that benefit family doctors and the people they serve.

There's something for everyone! Get things for the office, for your kids or yourself!
Cash, Check or Credit Cards Accepted.

Mahalo to our community donors:

American Board of Family Medicine

Angelo Pietro

Be the Match

Big City Diner

Big Island Candies

Bishop Museum

Costco Wholesale

Egan's Boot Camp

Global Village

Glow Putt Kalapawai Market

Kreative Kreationz

Kolyn Maballo-Aiea Massage

Kualoa Ranch

Market City Limited

Mid Pacific Country Club

Paradise Cove

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Robert James McPeck

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Times Supermarket

Watanabe Floral Inc.

Zippy's



Hawaii Update 2020: Our Voices, Our Vehicle; Making Our Voices Heard for Ourselves & Our Patients

Friday, March 13, 2020 (Moderator: Jill Omori, MD)

7:45 am Welcome - Jill Omori, MD
Prince Edward

8:00 am **Resident Research/Case Presentations (CME=1.0)**
Prince Edward
(Four Family Medicine residents were chosen by a panel after submission of abstracts. Each resident will be given 10 minutes to present their research topic or case presentation/discussion to the general conference audience and 5 minutes to answer questions.)

Accessory Renal Artery Stenosis and Secondary Hypertension
Ariel Chung, MD PharmD, CPT, MC, USA; Patricia Millner, MD, MAJ, USA
Tripler Army Medical Center Family Medicine Residency, Honolulu, HI

GOING THE EXTRA MILE: A CASE OF NEW DIAGNOSIS OF DIABETES DURING A PRE-PARTICIPATION PHYSICAL
Eric Gresham, MD, CPT, USA; Mark Robinson, MD, MAJ, USA; Heather O'Mara, DO, LTC, USA
Tripler Army Medical Center Family Medicine Residency, Honolulu, HI

Colonoscopies and Klebsiella in High Risk Patients
Madeline B. Richter, MD, CPT, USA; Patricia R Millner, MD, MAJ, USA
Tripler Army Medical Center Family Medicine Residency, Honolulu, HI

Desiccated Thyroid Causing Ventricular Tachycardia
Hasenkamp, Eric A CPT USARMY MEDCOM TAMC (USA)
Tripler Army Medical Center Family Medicine Residency, Honolulu, HI

9:00 am **The Role of Dietary Discussion at Primary Care Visits (CME=0.75)**
Prince Edward
Jamila Benn, MD
Objectives: By the end of this presentation, the participant will be able to:

- Define chronic disease
- List the top chronic diseases responsible for most death and disability in the US
- Review basics of nutrition
- Understand different dietary approaches for management chronic disease

9:45 am **Pediatric Obesity: Family-Based Prevention and Intervention in the Primary Care Office and Community (CME=0.75)**

Prince Edward

Malia Shimokawa, MD

Objectives: By the end of this presentation, the participant will be able to:

- Evaluate pediatric patients for overweight and obesity and risk factors for obesity
- Implement practical strategies for family-based obesity prevention and intervention in the primary care office setting
- Discuss community resources and family-based, multidisciplinary approaches for healthy lifestyle modifications

10:30 am Q&A with Dr. Benn and Dr. Shimokawa (CME=0.25)

10:45 am Break

11:00 am **COVID-19: How do we respond? (CME=1.0)**

Prince Edward

Seiji Yamada, MD

Objectives: By the end of this presentation, the participant will be able to:

- Outline the epidemiology of the emerging COVID-19 outbreak.
- State the clinical features of COVID-19
- Cite the public health measures currently in place
- Outline the population base triage principles that should guide the public health response when there is sustained transmission in the community

12:00 pm Lunch – Prince Jonah

12:30 pm **Plenary 1: The Samoa Experience: Utilizing your medical degree to advocate for those in need (CME=1.0)**

Prince Jonah

Lt. Governor Josh Green, MD

Objectives: By the end of this presentation, the participant will be able to:

- Discuss the challenges of the measles outbreak in American Samoa and the need for medical assistance
- Understand how health professionals can organize and assist areas in need in times of crisis
- Identify resources that may be helpful for disaster/crisis relief missions

1:30 pm Break

1:45 pm **Breakout Session #1 (CME=1.5)**

1A: Office Procedures: Part I (GYN Procedures)

Prince Edward

Chelsea Tagawa, MD and Myro Lu, DO

Objectives: By the end of this presentation, the participant will be able to:

- Be familiar with these office based procedures (IUD placement, Nexplanon insertion, colposcopy, and endometrial biopsy), including indications and contraindications
- Practice and demonstrate the skills necessary for these office-based procedures
- Understand proper coding and documentation for these procedures

1B: Understanding the ABFM MOC Process

Prince Jonah

Elizabeth Baxley, MD (ABFM)

Objectives: By the end of this presentation, the participant will be able to:

- Identify the core requirements for continuous family medicine certification through the ABFM
- Describe the new longitudinal assessment option for the 10-year examination
- Determine the most relevant and seamless way to meet the performance improvement activity requirement based on their practice environment
- Articulate the ABFM's new emphasis on redefining its relationship with board certified family physicians and learn how to become more involved with the ABFM.

3:15 pm Break

3:30 pm **Breakout Session #2 (CME=1.5)**

2A: Office Procedures: Part II (Other procedures)

Prince Edward

Chelsea Tagawa, MD and Myro Lu, DO

Objectives: By the end of this presentation, the participant will be able to:

- Be familiar with these office based procedures (foreign body removals, knee and shoulder injections, and suturing), including indications and contraindications
- Practice and demonstrate the skills necessary for these office-based procedures
- Understand proper coding and documentation for these procedures

2B: Blue Zones Project: Living the Power 9 Principles

Prince Jonah

Kelsie Cajka, Hawaii Blue Zones Project

Objectives: By the end of this presentation, the participant will be able to:

- Learn the secrets of the world's longest-lived people
- Understand tips and tricks to help you live a longer, happier life
- Learn how downshifting is an important step in relieving stress and preventing physician burnout

5:00 pm

Aloha Reception – Altitude @ 37

Saturday, March 14, 2020 (Moderator: Gershon Bergeisen, MD)

8:00 am

Resident Case Presentations (CME=1.0)

Prince Edward

(Four Family Medicine residents were chosen by a panel after submission of abstracts. Each resident will be given 10 minutes to present their case presentation/discussion to the general conference audience and 5 minutes to answer questions.)

Satisfaction of Military Medical Officers, Results from 2018 Omnibus

Kaoru Song, MD; Burrett, JP (2) , Nguyen, DR (3)

(1) Tripler Army Medical Center Family Medicine Residency, Honolulu, HI

(2) Department of Preventative Medicine, Uniformed Services University of the Health Sciences, Bethesda, MD

(3) Department of Family Medicine, Uniformed Services University of the Health Sciences, Bethesda, MD

Arsenic Poisoning in Older Adult Male

Alain Takane, MD, Jennifer J. Walker, MD

Hawaii Island Family Medicine Residency Program, Hilo, HI.

Surviving the Unsurvivable: A Potential Therapeutic Role for Tranexamic Acid for Intracranial Hemorrhage from Hypertensive Emergency.

Warren Yamashita MD MPH (1), Khushbu Patel MD (1), Mary Groda-Lewis MD

(1), Shawn Hernandez, Pre-Pharmacy Student (2)

(1) Hawaii Island Family Medicine Residency Program, Hilo, HI.

(2) University of Hawaii at Hilo, Hilo, HI

TB: The Devastating Cost of a Persistent Cough

Katelyn Steele, MD, Jennifer J. Walker, MD

Hawaii Island Family Medicine Residency Program, Hilo, HI.

9:00 am **Is primary care splinting cost-effective? (CME=1.0)**

Prince Edward

Byron Izuka, MD

Objectives: By the end of this presentation, the participant will be able to:

- Understand how emergency room overutilization is bending the cost curve UP
- Understand how PCP's evaluating and splinting injuries in their offices can bend the cost curve DOWN.
- Discuss the concept of VALUE in healthcare
- Discuss the concept of ACCOUNTABILITY as it applies to PCP's vs Specialists.

10:00 am Break

10:15 am **Female Athlete Triad vs. RED-S (CME=1.0)**

Prince Edward

Vivian Kyono, MD

Objectives: By the end of this presentation, the participant will be able to:

- Understand what RED-S is and how it differs from the Female Athlete Triad
- Identify the key features of RED-S and be able to identify athletes who may be at higher risk
- Be competent in the initial management of an athlete presenting with RED-S

11:15 am Break

11:30 am **Plenary 2: Advancing Health Equity Through Family Medicine (CME=1.0)**

Prince Edward

Dr. John Cullen

Objectives: By the end of this presentation, the participant will be able to:

- Discuss some of the components of health inequality in the United States, including unconscious bias and institutional racism.
- Have an overview of the programs instituted by the AAFP through the Center for Diversity and Health Equity.

12:30 pm **HAFP Annual Meeting and Awards Luncheon
Elections and Installation of Officers and Board of Directors**

Prince Jonah

2:00 pm Break/Visit exhibitors

2:30 pm **Update on the Management of Hypercholesterolemia (CME=1.0)**

Prince Edward

Jarred Prudencio, PhD

Objectives: By the end of this presentation, the participant will be able to:

- Compare lipid-lowering medications including statins, ezetimibe, and PCSK9 inhibitors.
- Assess patients risk of atherosclerotic cardiovascular disease in considering dyslipidemia management plans.
- Design patient-specific medication regimens for dyslipidemia management.

3:30 pm Break

3:45 pm **Breakout Session #3 (CME=1.5)**

3A: From Bear Attacks to Shark Bites

Prince Edward

John Cullen, MD

Objectives: By the end of this presentation, the participant will be able to:

- Understand and discuss environmental injuries seen in rural communities
- Learn several techniques for removing fishhooks
- Learn how to treat maritime infections

3B: EKGs you don't want to miss

Prince Jonah

Ricky Amii, MD

Objectives: By the end of this presentation, the participant will be able to:

- Recognize EKGs that require an immediate 911 call and EMS transfer to the closest ER
- Identify the classic STEMI patterns on EKG
- Understand and be able to recognize STEMI equivalents

5:15 pm Adjourned

Sunday, March 15, 2020 (Moderator: Keola Adams, MD)

8:30 am **Helping our Patients with Chronic Opioid Use Disorder (CME=1.0)**

Prince Edward

Miki Kiyokawa, MD

Objectives: By the end of this presentation, the participant will be able to:

- Describe what addiction is
- Describe what Opioid Use Disorder is
- Describe the epidemiology of OD in US and HI (very basic)
- Describe recommendations/guidelines for opioid Rx
- Describe the benefits of MAT and how to obtain waiver

9:30 am **Caring for the Post-Menopausal Female (CME=1.0)**

Prince Edward

Bruce Kessel, MD

Objectives: By the end of this presentation, the participant will be able to:

- Understand the design and primary outcomes of the Women's Health Initiative
- Discuss alternatives to estrogen for treatment of menopausal symptoms
- Be familiar with studies on herbs/supplement for menopausal symptoms

10:30 am Break

10:45 am **Advocating for our Geriatric Patients (CME=1.0)**

Prince Edward

Lauren Okamoto, MD, Cheynie Nakano, MD, and Christina Bell, MD

Objectives: By the end of this presentation, the participant will be able to:

- Identify characteristics that make older adults a vulnerable population
- Describe opportunities where healthcare professionals can promote safety and wellness
- Understand the importance of advocacy in the welfare of our Kupuna

11:45 pm **Conference End**

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Speaker Bios

Ricky Amii, MD is a graduate of the University of Hawaii John A. Burns School of Medicine and completed his Emergency Medicine residency at UCSF Fresno. He also completed a fellowship in Emergency Ultrasound at the University of California – Los Angeles. Dr. Amii is a clinical assistant professor of surgery at UH JABSOM and is an active teacher in the medical school curriculum.

Elizabeth Baxley, MD is a graduate of Clemson University, Clemson, South Carolina and received a Doctor of Medicine from the University of South Carolina School of Medicine. She completed her family practice residency at Anderson Family Practice Residency and a faculty development fellowship at the University of North Carolina at Chapel Hill School of Medicine. Dr. Baxley is the Executive Vice President for the American Board of Family Medicine, a position she has held since July 2018. In this role, Dr. Baxley's major areas of focus are on Diplomate experience with the certification process, communications and engagement, professionalism cases (including diplomates and residents), and evolution of the certification portfolio, including performance improvement activities and knowledge self-assessment activities.

Christina Bell, MD, PhD is a Clinical Associate Professor in the Department of Geriatric Medicine and previously served as the Program Director of the UH Fellowship in Geriatric Medicine. Dr. Bell is board certified in Family Medicine, holds certificates of added qualification in Geriatric as well as Hospice and Palliative Medicine, and has a PhD in Clinical Research. She currently practices geriatric medicine at Kaiser Permanente.

Jamila Benn, MD graduated from the University of Oklahoma, College of Medicine in 2003. She went on to complete a Family Medicine Residency in Scottsdale, Arizona. Her career then took her to Oak Park, Illinois where she completed a fellowship in Women's Health and Surgical Obstetrics. She is currently one of the core faculty members for the Hawaii Island Family Medicine Residency Program. Her practice interests include helping her patients optimize their lifestyle to maintain health. This has led her to an additional board certification in Lifestyle Medicine.

Kelsie Cajiki graduated from Allegheny College with a bachelor's degree in Communication Arts and later got her master's degree in Wellness and Lifestyle Management at Rowan University. After working for multiple years with worksites across Hawaii, Kelsie decided to join the Blue Zones Project national team as a Senior Consultant, providing her the opportunity to work closely with Blue Zones Project communities nation-wide. She is currently the Hawaii Blue Zones Project Worksite Manager, combining her background with worksite wellness programs and her passion in making Hawaii a happier and healthier place to live.

Byron Izuka, MD is a fellowship trained pediatric orthopedic surgeon and has been in practice since 2001. He has offices at the Kapiolani Medical Center and at the Savio Medical Plaza in Aiea where he was born, raised and graduated from Aiea High School. He attended the John A. Burns School of Medicine, did his orthopedic residency at UH and did his fellowship in Orlando. He is active in clinical research with interests in improving non-surgical treatment options and increasing value in healthcare.

Bruce Kessel, MD is a Professor of OB/GYN at the University of Hawaii John A. Burns School of Medicine. He obtained his medical degree from the University of Cincinnati College of Medicine, completed his OB/GYN residency and Reproductive Medicine Fellowship at the University of California, San Diego. He is currently the Division Chief of REI in the Department of OB/GYN at UH JABSOM, the Medical Director of the POB3 University Health Partners clinical site, and the Practice Director for the Pacific In Vitro Fertilization Institute.

Miki Kiyokawa, MD is a current fellow in the University of Hawaii Addiction Psychiatry and Addiction Medicine fellowship and is an Assistant Clinical Professor of Medicine with UH JABSOM. She attended Our Lady of Fatima University College of Medicine and completed both her Internal Medicine Residency and Geriatrics Fellowship with the University of Hawaii.

Vivian Kyono, MD is the current fellow in the University of Hawaii Sports Medicine Fellowship Program. She also received her medical degree and completed her Family Medicine residency training at the University of Hawaii. Dr. Kyono's research interests are in the areas of athletic performance and health care for the female athlete.

Myro Lu, DO is currently the Associate Program Director of the Tripler Army Medical Center Family Medicine Residency Program. He graduated from the Ohio University College of Osteopathic Medicine and completed his Family Medicine residency training at Madigan Army Medical Center. Dr. Lu also completed a fellowship in Sports Medicine with the National Capital Consortium Tri-Service Sports Medicine Fellowship program based at the Uniformed Services University of the Health Sciences.

Cheyne Nakano, MD is a Clinical Assistant Professor of Geriatrics with the John A. Burns School of Medicine. She received her medical degree from the John A. Burns School of Medicine and also completed her Family Medicine Residency and Geriatrics Fellowship with the University of Hawaii. She currently practices family medicine with an emphasis on geriatrics at the Kaiser Permanente clinic in Honolulu.

Lauren Okamoto, MD received her M.D. from the University of Hawaii John A. Burns School of Medicine and completed her Family Medicine Residency and Geriatrics Fellowship training at the University of Hawaii. She is currently an Assistant Professor in the Department of Geriatrics with the University of Hawaii.

Jarred Prudencio, PharmD, BCACP, BC-ADM graduated from the Daniel K. Inouye College of Pharmacy (DKICP) and completed a post-graduate pharmacy practice residency at the University of California - Davis Health System with an emphasis on ambulatory care pharmacy and education. He is currently dual board certified as an ambulatory care pharmacy specialist and in advanced diabetes management. Dr. Prudencio joined the DKICP faculty as an Assistant Professor in August 2016 and maintains a practice site as a clinical pharmacist at the Hawaii Island Family Health Center as part of the Hawaii Island Family Medicine Residency, where he provides Comprehensive Medication Management.

Malia Shimokawa, MD grew up in Kaimuki, graduated from Punahou School, the University of Notre Dame, and Creighton University School of Medicine. While in medical school Dr. Shimokawa joined the Army, trained in pediatrics at Tripler Army Medical Center and served as an active duty pediatrician stationed in Italy and deploying to Iraq. Upon returning home to Hawai'i in 2012, she served as the Medical Director of Multidisciplinary Clinics, leading the N.E.W. Keiki (Nutrition + Exercise + Weight Management) Program and the Cleft and Craniofacial Center. Her research is centered on her work in developing a pediatric obesity program and family-based weight management. Dr. Shimokawa is board-certified in pediatrics and, in 2015, became the first pediatrician in Hawai'i board-certified in Obesity Medicine.

Chelsea Walker-Tagawa, MD is a full-time faculty at the Tripler Army Medical Center Family Medicine Residency Program, where she serves as the Director of Sports Medicine. She received her medical degree from the University of Hawaii John A. Burns School of Medicine, graduated from the University of Hawaii Family Medicine Residency Program, and also completed a Fellowship in Sports Medicine at the University of Hawaii.

Seiji Yamada, MD, MPH is a Professor of Family Medicine and Community Health with the University of Hawaii John A. Burns School of Medicine and is the Director of Medical Student Education for the Department of Family Medicine and Community Health. He obtained his medical degree from the University of Illinois at Chicago and completed a residency in family medicine at Cook County Hospital in Chicago. His clinical interests include women's health, mental health, hepatitis B, Hansen's disease, and tuberculosis. His academic interests include community health, access to health care for the underserved, cross-cultural health, disaster relief, and climate change.

Hawaii Academy of Family Physicians 2019 – 2020 Board of Directors

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2020 HAFP ELECTION

The following physicians have been nominated for positions on the Board of the Hawaii Academy of Family Physicians or as representatives of our Academy to the Conference of Delegates. Paper ballots have been included in your registration materials.

HAFP BOARD OF DIRECTOR NOMINATIONS

Lee Buenconsejo-Lum

Dr. Lee Ellen Buenconsejo-Lum graduated from Leilehua High School, attended Stanford University for her Bachelors of Science in Biology, then completed her medical school and family medicine residency training at University of Hawai'i (UH) John A. Burns School of Medicine (JABSOM) in 1997. She completed a faculty development fellowship which included emphasis on community-based participatory approaches to programmatic development and research.

Dr. Buenconsejo-Lum is currently Professor of Family Medicine and Community Health. In 2003, she was the JABSOM nominee for the AAMC Humanism in Medicine Award and in 2015 was nominated for the UH Manoa Excellence in Teaching award. She maintains a small panel of patients in the University's Family Medicine Faculty Practice, which is the primary ambulatory training site for the Family Medicine residents. Despite her heavy administrative duties, Dr. Buenconsejo-Lum remains active in teaching medical students, residents, fellows and faculty in order to strengthen the various learning environments for JABSOM's medical learners.

Administratively, since 2016 Dr. Buenconsejo-Lum serves as the Designated Institutional Official and Director of Graduate Medical Education (GME) at JABSOM, responsible for the oversight and administration of the 19 JABSOM residency and fellowship programs. Her focus is to ensure that the UH GME programs graduate excellent physicians who can productively engage in population healthcare activities to achieve health equity in the populations they serve. As of October 2019, Dr. Buenconsejo-Lum is also the Interim Associate Dean for Academic Affairs (ADAA) at JABSOM. The ADAA is responsible for addressing strategic educational program development and alignment of JABSOM across all pre-clinical and clinical departments. The ADAA focuses on the continuum of education, including pipeline programs, post-baccalaureate ('Imi Ho'ōla) program, medical school, residency/fellowship, and post-graduation continuing medical educational formats, as well as the educational support service provided to students, residents and faculty. The ADAA is also responsible for working with and mentoring faculty members from all departments regarding the unique JABSOM curriculum and integration of their teaching effort through the JABSOM departments.

Dr. Buenconsejo-Lum's scholarly activities have focused on reducing health disparities in Hawai'i and the US Affiliated Pacific Island (USAPI) jurisdictions. The emphasis has been on building health system capacity and partnerships in the USAPI to improve prevention and screening for cervical cancer (including use of telehealth for education) and developing a regional cancer surveillance system. She is the Principal Investigator for the Pacific Regional Central Cancer Registry and co-PI for the Pacific Regional Comprehensive Cancer Control Program. She remains engaged in cervical cancer screening and telehealth capacity building throughout the USAPI.

Junedale Nishiyama

Junedale Nishiyama, MD received her medical degree from the University of Hawaii John A. Burns School of Medicine. She completed her Family Medicine residency at Ventura County Medical Center and fellowship in Maternal and Child Health at the University of New Mexico. She currently practices family medicine at Warrior Ohana Medical Home, the U.S. Army's community-based primary care clinic located in Kapolei.

Jill Omori

Jill Omori is a graduate of the John A. Burns School of Medicine and the University of Hawaii Family Medicine Residency Program. She is currently the Director of the Office of Medical Education for JABSOM and is especially interested in underserved care with a focus on rural health and health care for the homeless. She is the Director for the Hawaii Homeless Outreach and Medical Education (HOME) Project which provides free medical care to Oahu's homeless while providing clinical learning experiences in caring for the underserved for JABSOM medical students.

Lydia Rolita

My work history speaks to my ability to adapt to a wide range of medical roles, illustrating the role of the family physician. Whilst in New York City, I worked with two large academic hospital practices (NYU and Montefiore) and was directly responsible for in-patient, out-patient and long term care and for the supervision of medical students, residents and fellows in these areas. I also ran the research division of the Department of Geriatrics at NYU School of Medicine. When living in Brunei - having moved there for my partner's work - I worked in an out-patient emergency room and urgent care facility while also being directly responsible for in-patient hospital care at Jerdong Park Medical Center. Then, in Malaysia, I took on a co-leadership role teaching Clinical Medicine for the Royal College of Surgeons in Ireland - Perdana University Medical School. There, I supervised 600 Malaysian medical students, developed and implemented new curricula, mentored students and wrote and performed student examinations. In May 2018, I became the Associate Program Director of the University of Hawaii Residency Program in Family Medicine and Community Health and became the Program Director in June of 2019 where I am responsible for the recruitment, curriculum and training of 20 residents. I look forward to serving on and contributing to the Hawaii Association of Family Physician board.

Douglas Rose

My name is Doug Rose and I am a faculty member at the Hawaiian Island Family Medicine Residency program in Hilo. I have been involved in Residency education my entire career. I spent four years on the faculty at the New Hampshire-Dartmouth Family Medicine Residency before joining the faculty at East Tennessee State University (ETSU) for 14 years. I've been here in Hawai'i for just under four years now.

During my career I was Medical Director at the residency program in ETSU for 10 years. Because of that role I was motivated to obtain an MBA as a way to help with my understanding of the business. I was the first to hold the position of Director of Clinical Operations for the Department of Family Medicine. This position was created so that I could help coordinate the three residency programs in our department to become certified patient centered medical homes.

I have been and still am involved in the local medical staff organization. When I left Tennessee I was Vice Chair of the Medical Staff. Presently I am the Treasurer for the Hilo Medical Center's medical staff, as well as the Chairman of the Credentials Committee.

My interest in seeking this role is to enhance communications and connections across the people of the state to improve health and relationships.

Nash Witten

Nash A.K. Witten, MD, is a current third year co-chief resident at the UH Family Medicine Residency Program. He is one of 12 recipients of the 2019 AAFP Award for Excellence in graduate Medical Education and currently serves on the Conference Planning Committee for the HAFP and the membership committee of the American College of Healthcare Executives. Dr. Witten's research interests include primary care physician workforce development, community health needs assessments, preventative health, and electronic health literacy. He is also a National Health Service Scholar and will be working at the Kokua Kalihi Valley upon completion of residency. Dr. Witten would like to continue to serve on the HAFP board after his current service as a resident board member this year and to advocate for local family medicine residents and those recent graduates starting careers in Hawai'i.

AAFP CONGRESS OF DELEGATES DELEGATE NOMINATIONS

Christina Marzo

Dr. Christina Marzo is originally from Waipahu, Hawaii, and is a proud graduate of the John A. Burns School of Medicine and UH Family Medicine Residency Program. Since finishing residency, she has been working as the sole provider in the Kuakini Primary Care Clinic, and is helping Kuakini Medical Center expand their primary care services. She serves as community faculty for the residency program, teaching family medicine residents in their prenatal and women's health clinic at Kapiolani Medical Center for Women and Children.

Randall Suzuka

JABSOM 1983

Family Medicine Group Practice Haleiwa and Mililani 34 1/2 years

HAFP Board 1993-2020

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